The Araucaria Project. The Distance to the Local Group Galaxy IC 1613 from Near-Infrared Photometry of Cepheid Variables. ¹

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ABSTRACT

¹Based on observations obtained with the NNT telescope at ESO/La Silla for programs 074.D-0318(B) and 074.D-0505(B)

We have measured accurate near-infrared magnitudes in the J and K bands of 39 Cepheid variables in the irregular Local Group galaxy IC 1613 with well-determined periods and optical VI light curves. Using the template light curve approach of Soszyński, Gieren and Pietrzyński, accurate mean magnitudes were obtained from these data which allowed to determine the distance to IC 1613 relative to the LMC from a multiwavelength period-luminosity solution in the optical VI and near-IR JK bands, with an unprecedented accuracy. Our result for the IC 1613 distance is $(m-M)_0 = 24.291 \pm 0.014$ (random error) mag, with an additional systematic uncertainty smaller than 2%. From our multiwavelength approach, we find for the total (average) reddening to the IC 1613 Cepheids $E(B-V) = 0.090 \pm 0.007$ mag, which is significantly higher than the foreground reddening of about 0.03 mag, showing the presence of appreciable dust extinction inside the galaxy. Our data suggest that the extinction law in IC 1613 is very similar to the galactic one. Our distance result agrees, within the uncertainties, with two earlier infrared Cepheid studies in this galaxy of Macri et al. (from HST data on 4 Cepheids), and McAlary et al. (from ground-based H-band photometry of 10 Cepheids), but our result has reduced the total uncertainty on the distance to IC 1613 (relative to the LMC) to less than 3%. With distances to nearby galaxies from Cepheid infrared photometry at this level of accuracy, which are currently being obtained in our Araucaria Project, it seems possible to significantly reduce the systematic uncertainty of the Hubble constant as derived from the HST Key Project approach, by improving the calibration of the metallicity effect on PL relation zero points, and by improving the distance determination to the LMC.

Subject headings: distance scale - galaxies: distances and redshifts - galaxies: individual(IC 1613) - stars: Cepheids - infrared photometry

1. Introduction

Cepheid variables are the most important standard candles to calibrate the first rungs of the extragalactic distance ladder, out to some 30 Mpc. As young stars, Cepheids tend to lie in dusty regions in their spiral or irregular parent galaxies. As a consequence, Cepheid distances derived from the period-luminosity (PL) relation in optical photometric bands are quite sensitive to a precise knowledge of the total reddening, foreground and intrinsic, of their parent galaxy. While the galactic foreground reddening towards any direction in the sky is usually well established, particularly in directions far away from the galactic

equator, the correct assessment of the reddening produced by dust extinction intrinsic to the host galaxy is usually a difficult task, and in most work on Cepheid distances based on optical data such an intrinsic contribution to the reddening has simply been ignored. Just for this one particular reason, it is clear that more accurate Cepheid distances to galaxies can be derived in near-infrared passbands, where dust absorption is small as compared to visual wavelengths, and the distance results become increasingly independent of errors in the assumed total reddenings. Efforts along these lines have started in the early eighties with the pioneering work of McGonegal et al. (1982), and Welch et al. (1985). Yet, an important obstacle to carry out accurate Cepheid distance work in the infrared has been, until very recently, the lack of well-calibrated fiducial PL relations in the near-infrared JHK bands. This problem has now been solved by the work of Persson et al. (2004) who provided such well-calibrated relations for the LMC. Very recently, Gieren et al. (2005a) have also provided well-calibrated PL relations in the JHK bands for Milky Way Cepheids, which agree with the corresponding LMC relations when an improved version of their infrared surface brightness technique (Gieren, Fouqué & Gómez, 1997, 1998) is used.

In the Araucaria Project, started by our group some time ago (Gieren et al. 2005c), we have conducted surveys for Cepheid variables in a number of galaxies in the Local Group, and in the more distant Sculptor Group in order to investigate the effect of environmental properties on the PL relation, and to improve the accuracy of Cepheids as distance indicators. While we are discovering Cepheids in optical photometric bands, where these stars are rather easy to detect due to their relatively large amplitudes and typical light curve shapes (e.g. Pietrzynski et al. 2002, 2004), the main goal of the program is to undertake near-infrared follow-up imaging of selected subsamples of Cepheids in our target galaxies to obtain accurate reddening information, and thus to obtain more accurate distances than what is possible from optical (VI) data alone. Near-infrared PL relations from such Cepheids with existing information on their periods, and V and/or I light curves can be obtained very economically because it is possible to obtain accurate mean JHK magnitudes for these stars from just one single-phase observation from the template light curve approach of Soszynski, Gieren and Pietrzynski (2005). The success of this approach was recently demonstrated in the case of the Sculptor galaxy NGC 300 (Gieren et al. 2005b). For this galaxy, a combination of the PL relations obtained in the optical VI and infrared JK bands has allowed to determine a distance which is practically unaffected by any remaining uncertainty on reddening. It has also been shown in that paper that from the combined optical/near-infrared approach a total uncertainty as small as 3 % can be obtained for the Cepheid distance (as measured relative to the LMC) for such a relatively nearby (2 Mpc) galaxy.

In the present paper, we are applying the same approach to the Local Group dwarf

irregular galaxy IC 1613. IC 1613 is a very important galaxy in the Araucaria Project because of the very low metallicity of its young stellar population close to -1.0 dex (Skillman et al. 2003), making it the lowest-metallicity galaxy in our sample. It is therefore a key object in our effort to determine the effect of metallicity on the Cepheid PL relation, and on other stellar distance indicators, like blue supergiant stars (Kudritzki et al. 2003). A first survey for Cepheid variables in IC 1613 was carried out by Sandage (1971) who used photographic images previously obtained by Baade. Modern work on the Cepheid PL relation in IC 1613, in the optical V and I bands, has been carried out by the OGLE Project (Udalski et al. 2001) who has discovered many new, previously unknown Cepheids in this irregular galaxy. More recently, Antonello et al. (2006) have extended this work to the B and R bands. From the work of the OGLE group, it could be established that the slope of the PL relation in optical bands is identical to the slope observed for the more metal-rich LMC Cepheids, arguing for a metallicity- independent slope of the PL relation. In the near-infrared, a pioneering paper on the distance of IC 1613 from H-band photometry of 10 Cepheids was published by McAlary et al. (1984) already 20 years ago; however, the uncertainty on this distance result was rather large due to the technical difficulties to obtain accurate IR photometry at those times, and the lack of an accurate calibrating PL relation. Much more recently, Macri et al. (2001) determined a near-infrared Cepheid distance to IC 1613 from H-band photometry of four variables obtained with HST/NICMOS. The accuracy of this determination suffers, however, from the very small number of stars used in the PL solution. A main goal of the present study was to derive truly accurate near-infrared PL relations for IC 1613, based on a large number of well-observed and well-selected Cepheids (see section 3.2.), and this way reduce the current uncertainty on the distance to IC 1613 to the very small level of 3-5% we have achieved in our previous study of NGC 300.

We have organized this paper in the following way: in section 2, we describe the observations, reductions and calibration of our data; in section 3, we present the calibrated infrared mean magnitudes of the Cepheids in our selected fields in IC 1613, and determine the distance and reddening; in section 4, we discuss our results; and in section 5, we summarize the main results of this work, and present some conclusions.

2. Observations, Data Reduction and Calibration

2.1. Optical data

Our infrared observations of IC 1613 (see next section) were obtained about four years after the OGLE-II optical observations (Udalski et al. 2001) of this galaxy. This long gap in time made it necessary to improve the periods of the Cepheids in order to calculate accurate

< K > and < J > mean magnitudes from single-phase infrared observations with the method of Soszynski et al. (2005). For this purpose, three new V-band observations of IC 1613 with the 1.3 m Warsaw telescope located at Las Campanas Observatory were secured in September 2005. This telescope is equipped with a mosaic 8k x 8k detector, with a field of view of 35 x 35 arcmin and a scale of 0.25 arcsec/pixel. Preliminary data reductions (i.e. debiasing and flatfielding) were done with the IRAF 2 package. The point-spread function photometry was obtained with the DAOPHOT and ALLSTAR programs, in an identical way as described in Pietrzyński et al. (2002). Our photometry was then transformed to the standard system using the OGLE-II list of carefully calibrated stars in this galaxy (Udalski et al. 2001).

2.2. Infrared data

The near-infrared data presented in this paper were collected with the ESO NTT telescope on La Silla, equipped with the SOFI infrared camera. In the setup we used (Large Field), the field of view was 4.9 x 4.9 arcmin, with a scale of 0.288 arcsec / pixel. The gain and readout noise were 5.4 e / ADU and 0.4 e, respectively.

The data were obtained under two observational programs: 074.D-0318(B), 074.D-0505(B) (PI: Pietrzyński) as part of the Araucaria Project. Alltogether, six different, slightly overlapping fields were observed through J and Ks filters. Their location is shown in Figure 1, and the equatorial coordinates of their centers are given in Table 1.

Single deep J and Ks observations of our six fields were obtained under excellent seeing conditions during three different photometric nights. On these nights, we also observed a large number of photometric standard stars from the UKIRT system (Hawarden et al. 2001). In order to account for the rapid sky level variations in the infrared domain, the observations were performed with a dithering technique. In the Ks filter, we obtained six consecutive 10 s integrations (DITs) at a given sky position and then moved the telescope by about 20 arcsec to a different random position. Integrations obtained at 65 different dithering positions resulted in a total net exposure time of 65 minutes in this filter, for a given field. In the case of the J filter, in which the sky level variations are less pronounced than in K, two consecutive 20 s exposures were obtained at each of 25 dithering positions, which corresponded to a total net exposure of about 17 minutes, for any given field.

²IRAF is distributed by the National Optical Astronomy Observatories, which are operated by the Association of Universities for Research in Astronomy, Inc., under cooperative agreement with the NSF.

Sky subtraction was performed by using a two-step process implying the masking of stars with the XDIMSUM IRAF package in an analogous manner as described in Pietrzyński and Gieren (2002). Then the single images were flatfielded and stacked into the final images. PSF photometry was obtained using DAOPHOT and ALLSTAR, following the procedure described in Pietrzyński, Gieren, and Udalski (2002). In order to derive the aperture corrections for each frame, about 7-10 relatively isolated and bright stars were selected, and all neighbouring stars were removed using an iterative procedure. Finally, we measured the aperture magnitudes for the selected stars with the DAOPHOT program using apertures of 16 pixels. The median from the differences between the aperture magnitudes obtained this way, and the corresponding PSF magnitudes, averaged over all selected stars was finally adopted as the aperture correction for a given frame. The rms scatter from all measurements was always smaller than 0.02 mag.

In order to accurately transform our data to the standard system a large number (between 8 and 15) of standard stars from the UKIRT system (Hawarden et al. 2001) was observed under photometric conditions at a variety of airmasses, together with our six science fields. The standard stars were chosen to have colors bracketting the colors of the Cepheids in IC 1613. The aperture photometry for our standard stars was performed with DAOPHOT using the same aperture as for the calculation of the aperture corrections. Given the relatively large number of standard stars we observed on each night, the transformation coefficients were derived for each night. The accuracy of the zero points of our photometry was determined to be about 0.02 mag.

Since our six fields overlap (see Fig. 1), we were able to perform an internal check of our photometry comparing the magnitudes of stars located in the common regions. In every case, the independently calibrated magnitudes agree within 0.02 - 0.03 mag in both, K and J filters. Unfortunately, we are not aware of any other deep near-infrared JK images obtained for IC 1613, so an external check of our photometry is not possible. However, the magnitudes of the bright stars in our fields can be compared with the 2MASS photometry. Fig. 2 presents the difference between our K magnitudes and J-K colors, and the corresponding 2MASS data for common bright stars. Before calculating these differences, we transformed our photometry, which had been calibrated onto the UKIRT system, to the 2MASS system using the equations provided by Carpenter (2001). In spite of the relatively large uncertainties of the 2MASS data for the fainter stars in Fig. 2, it is appreciated that there is no evident zero point offset either in K or in J-K, supporting the conclusion that both datasets are well calibrated, within 0.02-0.03 mag.

The pixel positions of the stars were transformed to the equatorial coordinate system using Digital Sky Survey (DSS) images. For this purpose, we used the algorithm developed

and used in the OGLE project (Udalski et al. 1998). The accuracy of our astrometric transformations is better than 0.3 arcsec.

3. Results

3.1. The Cepheid mean K and J band magnitudes

In the six NTT/SOFI fields observed in this project, 39 objects from the Cepheid list presented by Udalski et at. (2001) were identified. It is worth noticing that most of the (few) long-period OGLE-II Cepheids in IC 1613 are located in our fields. Thanks to the depth of our infrared photometry, we were able to detect Cepheids with periods down to about 2 days.

In Table 2, we present the journal of individual observations of these 39 Cepheid variables. Most of them were observed only once. However, several objects located in the overlapping areas were observed twice. Before deriving the mean K and J magnitudes of the Cepheids from these data, we tried to improve the periods given by Udalski et al. (2001) using our new three-epoch optical observations, which are given in Table 3. For the long-period Cepheids (P larger than about 5 days), we could indeed improve the periods with these new data. However, for the variables with shorter periods the time elapsed between two sets of observations was too large in order to unambiguously count the number of elapsed cycles. For these Cepheids, we adopted the OGLE II periods from Udalski et al. (2001).

The mean magnitudes were obtained from the template light curve method of Soszyński, Gieren and Pietrzyński (2005) which uses the V-band phases of the individual near-IR observations, and the light curves amplitudes in V and I to calculate the differences of the individual single-phase magnitudes to the mean magnitudes in J and K. For a detailed description of this technique, the reader is referred to this paper. It has been demonstrated by these authors that the mean K and J magnitudes of Cepheids can be derived from just one random-phase observation with an accuracy of 0.02-0.03 mag provided that high-quality optical and infrared data, and periods are available for the stars. In Table 4, we present the final intensity mean JK magnitudes of the 39 Cepheids in our fields with their estimated uncertainties and their adopted periods. The last column contains remarks on some of the variables. V2, V6, etc., correspond to the numbering system introduced by Sandage (1971).

3.2. Selection of the final sample

In Fig. 3, we show the optical V vs. V-I color-magnitude diagram of IC 1613 obtained from the OGLE II data (Udalski et al. 2001) on which the locations of the Cepheids observed in the present study are marked. In Fig. 4, we display the PL relations in the K and J bands which we obtain from the data of all the 39 Cepheids in Table 4. While the data define tight PL relations in both bands, there are some objects which clearly deviate from the bulk of the Cepheids in these diagrams, and which need individual discussion. These stars are indicated with open circles in Fig. 4.

Star 13682 is most probably not a Cepheid variable (Sandage 1971, Antonello et al. 1999). Udalski et al. (2001) supported this conclusion from the position of this star on the V, V-I CMD (see Fig. 3), and its abnormal location on the optical PL relations on which 13682 appears much brighter than other Cepheids with similar periods. This proves also true for its near-IR magnitudes in Fig. 4. We therefore exclude this object for the distance determination.

Besides star 13682, the variables 13709, 11743, 12068, 8173 and 2771 are also very significantly brighter than other Cepheids with similar periods. The two latter Cepheids with their very short periods are almost certainly first overtone pulsators. Due to the detection limit in our present near-infrared photometry we would not see fundamental mode pulsators at this very short period of about 1.3 days. The three other over-bright Cepheids are probably blended by relatively bright stars. These Cepheids are also located above the Cepheid PL relations in the V and I bands (Udalski et al. 2001). In Fig. 3, variable 11743 appears close to the red edge of the instability strip, while the heavily blended Cepheid 13709 lies outside the strip, supporting the blending hypothesis. For star 12068, unfortunately no V-I color is available.

The remaining two clearly deviating stars, 10421 and 17473, were already classified as Population II Cepheids by Udalski et al. (2001). Indeed, these stars are located about 2 magnitudes below the IR Cepheid PL relations (see Fig. 4), which fully supports the conclusion about the Pop. II nature of these objects.

In the light of the arguments presented above, we decided to reject all these eight objects from the final sample of Cepheids used for the distance determination.

Finally, we would like to comment on the Cepheid designated as 7647. Udalski et al. (2001) suspected this star to be a heavily blended Cepheid. Indeed, as can be seen in Fig. 3, this star is located bluewards to the instability strip, suggesting that this variable is blended with a very bright blue star. In the infrared, Cepheid 7647 appears with normal flux and colors. This finding is consistent with the presence of a blue, unresolved companion star,

which does contaminate the optical, but not the near-infrared photometry. We therefore retain this Cepheid in our final list of stars for the distance solution in the infrared. We remark that an omission of this star from the final sample would not significantly alter the results we will present below.

The errors of the mean K-band magnitudes for Cepheids with log P (days) < 0.5 become large due to a) the relatively low accuracy of the K-band photometry for such a faint stars (K > 20.5 mag), and b) the increasingly uncertain mean magnitude corrections for these stars, caused by their relatively noisy optical light curves, and less accurate periods. We obtained linear regressions to the PL relations in the J and K bands for the whole sample, including the faintest stars, and for the subsamples limited to the Cepheids with log P (days) > 0.5, finding very good agreement (to better than 1 σ) between the corresponding solutions. However, since the inclusion of the shortest-period Cepheids in the solutions does increase the noise significantly, we decided to adopt log P (days) = 0.5 as a lower cut-off period for our solutions. This way, our final samples in J and K still comprise some 20 Cepheids with excellent photometry, which is sufficient for a very accurate determination of the distance to IC 1613.

3.3. Determination of the distance and reddening

The least-squares fits to the mean magnitudes of the Cepheids from our carefully selected final list yield the following slopes of the PL relations: -3.117 ± 0.044 in J and -3.148 ± 0.053 in K. The stated errors are 1σ uncertainties. These values agree very well with the slopes of the PL relations for the LMC Cepheids in these bands derived by Persson et al. (2004) (-3.153 and -3.261 in J and K, respectively), and are consistent with the LMC values within the combined uncertainties. We therefore calulated the zero points of the Cepheid J and K band PL relations in IC 1613 by adopting the corresponding slopes from Persson et al. (2004). This yields the following results:

$$J = -3.153 \log P + (22.187 \pm 0.040)$$

$$K = -3.261 \log P + (21.827 \pm 0.045)$$

The adopted linear regressions to our K and J Cepheid data are shown in Fig. 5. Before calculating, from the determined zero points, the relative distance of IC 1613 with respect to the LMC, we need to convert our PL relation zero point magnitudes calibrated onto the

UKIRT system (Hawarden et al. 2001) to the NICMOS system on which the corresponding LMC zero points were calibrated (Persson et al. 2004). According to Hawarden et al. (2001) there are just zero point offsets between the UKIRT and NICMOS systems (e.g. no color dependence) in the J and K filters, which amount to 0.034 and 0.015 mag, respectively. After adding these offsets, and assuming an LMC true distance modulus of 18.5 mag (see next section for discussion on this assumption), we derived the following distance moduli for IC 1613: 24.385 (J), and 24.306 mag (K). The corresponding distance moduli in the optical V (24.572 mag) and I (24.488 mag) bands had been previously calculated from the OGLE-II data by Udalski et al. (2001) adopting the linear LMC Cepheid P-L relations (Udalski et al. 1999, Udalski 2000).

With the values of the distance moduli of IC 1613 derived in four different bands, providing the large coverage in wavelength from 0.5-2.2 microns, we can compute the reddening, and true distance modulus of the galaxy very accurately. Adopting the extinction law of Schlegel et al. (1998), and following the approach we have developed in the study of NGC 300 (Gieren et al. 2005b), we fit a straight line to the relation $(m-M)_0 = (m-M)_{\lambda} - A_{\lambda} = (m-M)_{\lambda} - E(B-V) * R_{\lambda}$. The best least squares fit to this relation yields:

$$(m - M)_0 = 24.291 \pm 0.014$$

 $E(B - V) = 0.090 \pm 0.007$

From Fig. 6, it is appreciated that the true distance modulus, and the total reddening of IC 1613 are indeed very well determined from the available distance moduli in the different photometric bands.

4. Discussion

In the following, we will discuss the various assumptions we made, and possible systematic errors which could affect our distance determination of IC 1613.

Almost certainly, the largest contribution to our total error budget comes from the current uncertainty of the distance to the LMC. Since this problem has been extensively discussed in the recent literature (e.g. Benedict et al. 2002; Walker 2003), we will not focus on this discussion here. The value of 18.50 mag for the true LMC distance modulus adopted in this paper assures to have our distance results on the same scale as the results from the HST Key Project team (Freedman et al. 2001) and our own previous distance studies in

the course of the Araucaria Project (Pietrzynski et al. 2004, Gieren et al. 2004, Gieren et al. 2005b).

The adopted fiducial slopes of the J- and K-band Cepheid PL relations from the work of Persson et al. (2004) are based on about 100 LMC Cepheids with periods bracketting those of the IC 1613 Cepheids used in our present study. The Persson et al. infrared PL relations clearly represent the most accurate determination of these relations currently available in the literature. From the recent work of Gieren et al. (2005a), there is evidence that the infrared Cepheid PL relations in the Milky Way agree with the corresponding LMC relations, within the combined 1σ uncertainties. In Gieren et al. (2005b), we found that the slopes of the Persson et al. PL relations in J and K do also provide excellent fits to the Cepheid near-IR data in NGC 300, with its slightly more metal-rich young population than the one in the calibrating LMC (Urbaneja et al. 2005). From the present study of IC 1613, we now see that the slopes of the LMC near-IR PL relations give an excellent fit to the metal-poor population of Cepheids in IC 1613, too. This indicates that on the one hand, use of the Persson et al. LMC PL relations does not introduce any significant systematic error in our current determination of the IC 1613 distance; on the other hand, it strongly suggests that in the near-infrared domain, as in the optical domain, the slope of the Cepheid PL relation is independent of metallicity in the wide range from about -1.0 dex up to solar abundance. This empirical finding is in good agreement with the model predictions of Bono et al. (1999) who have found that both, the zero-point and the slope of the K-band PL relation depend only marginally on metal abundance. They found that the predicted slope in K is 3.19 ± 0.09 for the LMC, and 3.27 ± 0.09 in the SMC, compatible with both the empirical value determined by Persson et al. (2004) for the LMC, and with a zero change in the slope of the K-band PL relation when going from LMC (-0.3 dex) metallicity to the SMC (-0.7 dex) metal abundance.

Finally, it is worthwhile to notice that the adoption of the slightly non-linear P-L relations for Cepheids in the LMC, as advocated by Tammann and Reindl 2002, and more recently Ngeow et al. 2005, would practically have no influence on the results presented in this paper. Indeed, as has already been stated in Ngeow et al. (2005), such an effect would introduce a change less than 3 percent for the derived distance modulus, which is in the order of the one σ error of our current determination. In order to check this out more carefully, we used the Ngeow et al. P-L relations in both optical and infrared bands for LMC Cepheids with periods longer than 10 days as fiducial relations and re-calculated the distance moduli in the VIJK bands. This exercise resulted in revised distance moduli to IC 1613 which in all bands were consistent within one σ with our original results obtained by using the Cepheid P-L relations of Udalski (2000) and Persson et al. (2004) for the LMC. The possible non-linearity of the LMC P-L relation, and the associated slight change of its

slope for the long-period Cepheids, is therefore not a significant problem in the context of our current distance work. Yet, it will be very important to improve on the slope for the long-period LMC Cepheid P-L relation by using very accurate and homogeneous new data. We are currently involved in a project to obtain such new data in the V and I bands.

The sample of Cepheids used for our present distance determination to IC 1613 is relatively large, making our distance result invulnerable to the problem of an inhomogeneous filling of the instability strip which is ideally required in such studies. We suspect that the main reason for the difference of 0.14 mag between our current distance result for IC 1613 and the one obtained by Macri et al. (2001) is the small number of Cepheids available for their study (4), which does not guarantee a homogeneous filling of the instability strip and can cause a relatively large systematic offset of the derived distance modulus from the true value. Therefore, we consider our present result as consistent with the HST-based result of Macri et al. (2001). The location of the Cepheids of our final sample in the CMD in Fig. 3 shows that they do indeed cover the instability strip quite homogeneously. Moreover, the period range for the PL solution is very wide and rather uniformly covered with stars-we chose our IR fields in such a way as to optimize the period distribution of the Cepheids in these fields. Applying different cut-off periods to our sample (e.g. log P = 0.5, 0.7, 1), we always reproduce the zero point results to within one σ . From this we conclude that our choice for the cut-off period does not affect our final results in any significant way.

The most important source of uncertainty while using the optical data alone is the interstellar reddening. Our present study shows that most of the reddening to the IC 1613 Cepheids is actually contributed in the galaxy itself, which explains the overestimation of the distance to IC 1613 in previous studies from optical data which had only used the very small foreground extinction to IC 1613 to make the reddening correction. Using infrared data, and in particular K-band photometry where the reddening is by an order of magnitude smaller than in the optical bands, the error due to reddening is minimized to a practically insignificant level of about 0.01 mag. From the fact that our new value of E(B-V) yields very consistent distances from the PL relations in all optical and infrared bands, we can also conclude that the extinction law in IC 1613 is not significantly different from the Milky Way law of Schlegel et al. (1998). This is the same conclusion we had already reached in the case of NGC 300 (Gieren et al. 2005b).

Another contribution to the error budget comes from the effect of unresolved companions on the Cepheid magnitudes. The few strongly blended Cepheids in our sample were easily detected from their positions on the multiband PL relations, and on the CMD, and were discarded from our further analysis (see section 3.2.). As we extensively discussed in our previous papers (e.g. Gieren et al. 2004, 2005b; Bresolin et al. 2005, Pietrzynski

et al. 2004) the blending effect was found to be very small in the cases of NGC 300, and of NGC 6822. In the paper of Bresolin et al. (2005), we were able to demonstrate from HST/ACS images that those Cepheids in NGC 300 which we had identified as strongly blended in the ground-based photometry were indeed the ones with the brightest nearby companions. In that paper, it was shown that the effect of unresolved companion stars on the Cepheids which constituted the final sample was less than 2 percent. Given that IC 1613 is located at less than half the distance of NGC 300, and has a much smaller stellar density, it is reasonable to assume that the effect of blending due to unresolved companion stars on its distance is even smaller than in the case of NGC 300, and does not contribute in a significant way to the systematic uncertainty of our present result.

While it now seems well established that the slopes of the Cepheid P-L relations in optical and near-infared bands do not depend, within our current detection sensitivity, on metallicity over a very broad range of this parameter (-1 < [Fe/H] < 0; see previous discussion), a possible metallicity dependence of their zero points is still under discussion (Sakai et al. 2004; Storm et al. 2004; Pietrzynski et al. 2004; Pietrzynski and Gieren 2005). In particular, due to the fact that up to now very few galaxies have been exhaustively surveyed for Cepheids in the infrared, it is currently not possible to draw any firm conclusion about the potential variation of the infrared PL relation zero points with metallicity. Soon, once the data for all target galaxies observed in the course of the Araucaria Project will be analyzed, we should be able to put tighter constraints on this open question, and if needed calibrate the metallicity dependence of PL relation zero points in both optical and infrared domains with high precision.

5. Summary and conclusions

We have measured accurate NIR magnitudes in the J and K bands for 39 Cepheid variables in the Local Group galaxy IC 1613 with well-determined periods and optical (VI) light curves. Mean magnitudes in J and K were derived for these variables using the single-phase approach of Soszyński et al. (2005). After carefully cleaning the Cepheid list from blended objects, Population II variables and overtone pulsators, we have determined accurate PL relations. Fits to these observed relations were made using the slopes of the LMC relations determined by Persson et al. (2004), which gave an excellent representation of the IC 1613 data, providing for the first time solid evidence that the slope of the Cepheid PL relation is independent of metallicity down to the low metallicity of -1.0 dex of the IC 1613 young population in the near-infrared domain, too. This is in agreement with the theoretical predictions of Bono et al. (1999). By combining the zero points of the J and

K band PL relations in our study with the ones derived by Persson et al. for the LMC, we derive relative distance moduli of IC 1613 with respect to the LMC in both bands. Combining these infrared moduli with the distance moduli previously derived by Udalski et al. (2001) in V and I, we determine the total (average) reddening of the Cepheids in IC 1613, and the true distance modulus of this galaxy with an unprecedented accuracy. For the reddening, we find $E(B-V) = 0.090 \pm 0.007$ mag, and for the true distance modulus of IC 1613 from our multiwavelength approach we obtain 24.291 ± 0.014 mag (random error). As in the case of our study of NGC 300 with the same method, we find evidence that there is a significant contribution to the total reddening from dust absorption *intrinsic* to IC 1613, which had been neglected in the previous Cepheid distance work on this galaxy. The excellent fit of the distance moduli to the assumed galactic extinction law suggests that the interstellar extinction in this small irregular galaxy follows closely the galactic law.

We show that our derived Cepheid distance is very insensitive to systematic uncertainties caused by the fiducial PL relations used in our fits, possible inhomogeneous filling of the instability strip by our Cepheid sample, and problems with blending of the variables. Any remaining influence of the uncertainty of reddening on our distance result is negligible. All these possible sources of error contribute less to the total systematic uncertainty of our result than the two dominant sources of error, which are the zero points of our JK photometry (\pm 0.03 mag), and the distance to the LMC, which we have adopted as 18.50 mag, and whose current uncertainty seems in the order of \pm 0.10 mag.

Our distance determination for IC 1613 is in reasonable agreement with the previous determination of Macri et al. (2001) from HST H-band photometry of four Cepheids, 24.43 \pm 0.08 mag. We attribute the 0.14 mag difference mainly to the small number of stars available to Macri et al. in their study. Our new distance determination is also in very good agreement with the very early infrared work of McAlary et al. (1984); these authors had obtained a distance modulus of 24.31 \pm 0.12 from H-band data of 10 Cepheids in IC 1613. A change of their assumed reddening of 0.03 mag to our larger value found in this study still produces excellent agreement of their result with ours.

The distance to IC 1613 was also determined by Dolphin et al. (2001) using HST data, and employing a number of distance indicators (TRGB, red clump stars, RR Lyrae stars, Cepheids). We note that their Cepheid sample was very small, which can clearly lead to spurious results. Udalski et al. 2001 have observed an order of magnitude larger sample of Cepheids in this galaxy and showed that all these different distance indicators yield consistent distances to this galaxy. Those distance measurements are all in very good agreement with the distance of IC 1613 obtained in this study if the revised reddening of 0.09 mag found in this study, and a LMC true distance modulus of 18.5 mag are assumed.

As a final conclusion, we have produced in this work a determination of the Cepheid distance to IC 1613 whose random error is of the order of 1%, and estimated systematic error (excluding the uncertainty of the adopted LMC distance) is in the order of 2%. This accuracy, when combined with distance determinations of similar accuracy we pretend to obtain for most of the other galaxies of the Araucaria Project, should enable us to pin down the metallicity dependence of the PL relation zero points in the different optical and near-infrared photometric bands with the 1-2% accuracy needed to produce a significant improvement in the determination of the Hubble constant from distance determinations to galaxies in the nearby field from their Cepheid populations, which is the approach used in the HST Key Project of Freedman et al. (2001). Our work in the Araucaria Project should therefore strongly contribute, in the very near future, to make best use of the past work of the Key Project team.

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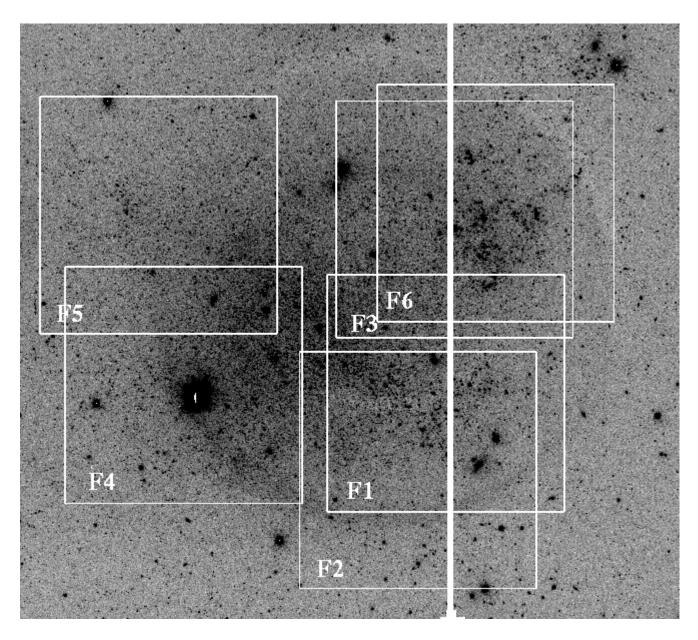
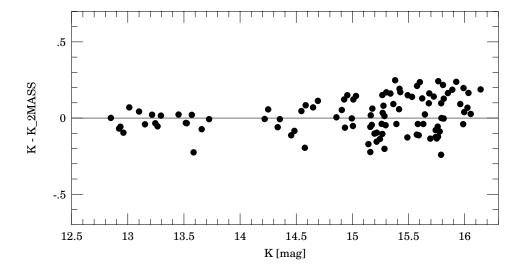


Fig. 1.— The location of the observed NTT fields in IC1613 on a V-band image of this galaxy, taken with the Warsaw 1.3-m telescope on Las Campanas.



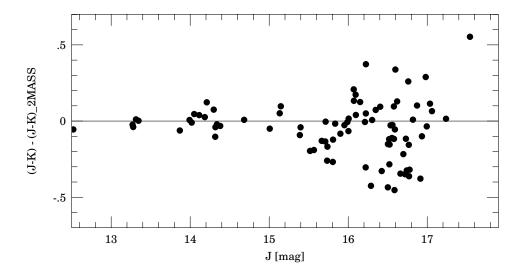


Fig. 2.— Comparison of our present photometry with the 2MASS data. In spite of the relatively large scatter towards the fainter magnitudes caused by the low accuracy of the 2MASS photometry of faint stars, no evident zero point offset either in K or in J-K is present.

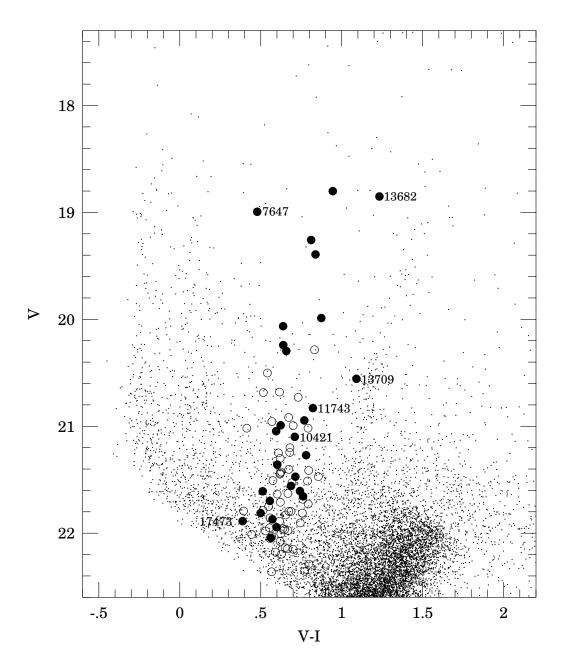


Fig. 3.— The V, V-I color-magnitude diagram for the stars in IC 1613 based on the OGLE-II data (Udalski et al. 2001). It is demonstrated that the Cepheids observed in infrared bands and used for distance determination in the present study (stars marked with filled circles, without numbers) uniformly cover the instability strip. Cepheids with filled circles and given OGLE-II identifications are discussed in the text. OGLE-II Cepheids not covered in our infrared study are marked with open circles.

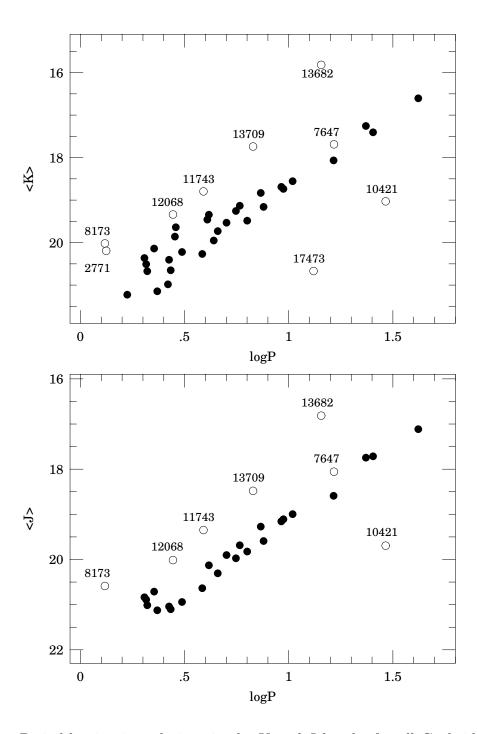


Fig. 4.— Period-luminosity relations in the K and J bands, for all Cepheids presented in Table 3. The stars labelled with their OGLE-II identifications are mostly outliers and are discussed in the text.

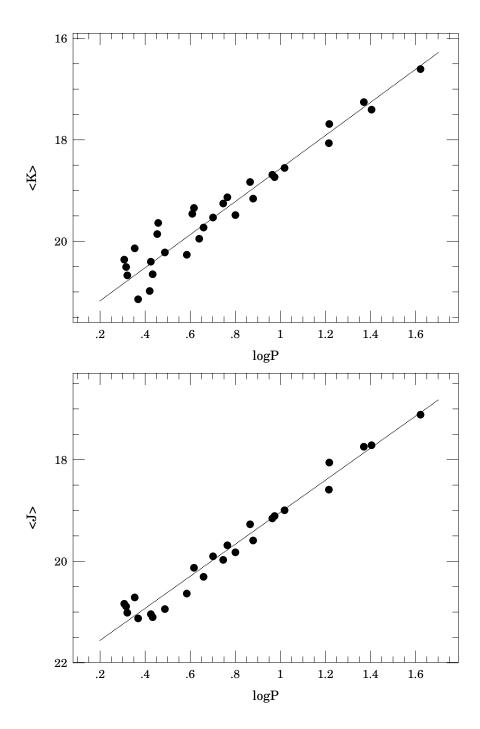


Fig. 5.— The final, adopted period-luminosity relations for IC 1613 Cepheids in the J and K bands. The slope of the relations were adopted from the LMC Cepheids (Persson et al. 2004). They give excellent fits to the observed PL relations in IC 1613.

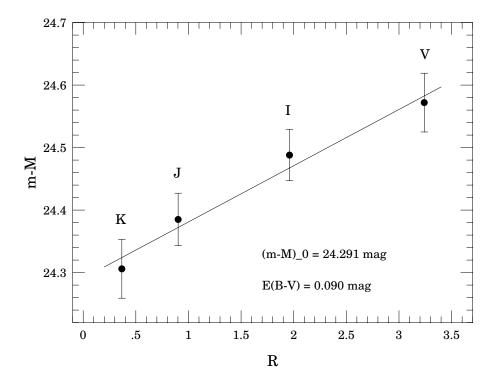


Fig. 6.— Apparent distance moduli to IC 1613 as derived in different photometric bands, plotted against the ratio of total to selective extinction as adopted from the Schlegel et al. reddening law. The intersection and slope of the best-fitting line give the true distance modulus and reddening, respectively. The data in this diagram suggest that the galactic reddening law is a very good approximation for IC 1613 as well.

Table 1. Coordinates of the Centers of the Observed SOFI/NTT Fields in IC 1613

Field	RA	DEC
C1	01:04:58.9	02:05:48.5
C2	01:04:56.6	02:04:13.2
C3	01:04:59.6	02:09:23.9
C4	01:04:37.2	02:05:58.8
C5	01:04:35.1	02:09:29.4
C6	01:05:03.0	02:09:44.4

Table 2. Journal of the Individual J and K Observations of IC 1613 Cepheids

ID	HJD (J)	J	$\sigma_{ m J}$	HJD (K)	K	$\sigma_{ m K}$
11446	53215.86015	16.997	0.009	53215.80516	16.492	0.009
11446	53315.64411	17.400	0.016	53315.58668	16.822	0.016
10421	53315.64411	19.551	0.060	53315.58668	18.877	0.071
1987	53370.57443	17.938	0.019	53370.52660	17.593	0.024
736	53315.72831	17.833	0.018	53315.67116	17.260	0.018
7647	53370.57443	18.144	0.020	53370.52660	17.716	0.027
13738	99999.99999	99.999	9.999	53215.88146	18.165	0.032
13738	53315.56228	18.763	0.043	53315.50158	18.249	0.046
13682	99999.99999	99.999	9.999	53215.88146	15.763	0.007
13682	53315.56228	16.760	0.010	53315.50158	15.751	0.007

Table 3. Journal of the Individual V band Observations of IC 1613 Cepheids

ID	HJD	V	$\sigma_{ m V}$	
11446	53620.76797	18.385	0.009	
11446	53621.75534	18.422	0.008	
11446	53621.82741	18.412	0.008	
10421	53620.76797	21.632	0.079	
10421	53621.75534	21.648	0.069	
1987	53620.76797	19.764	0.019	
1987	53621.75534	19.815	0.018	
1987	53621.82741	19.829	0.019	
736	53620.76797	19.593	0.017	
736	53621.75534	19.671	0.018	
736	53621.82741	19.675	0.023	
7647	53620.76797	19.110	0.014	
7647	53621.75534	19.080	0.012	
7647	53621.82741	19.100	0.012	
13738	53620.76797	20.035	0.020	
13738	53621.75534	20.115	0.021	
13738	53621.82741	20.109	0.023	

Table 4. Final Intensity Mean J and K Magnitudes of IC 1613 Cepheids

OGLE ID	Р	$\log P$	$\langle J \rangle$	σ_J	$\langle K \rangle$	σ_K	remarks	
11446	41.87	1.62194	17.114	0.009	16.605	0.009	V20	
10421	29.19	1.46529	19.694	0.060	19.029	0.071	PII, V47	
1987	25.398	1.40480	17.715	0.019	17.405	0.024	V11	
736	23.469	1.37049	17.745	0.018	17.256	0.018	V2	
7647	16.488	1.21716	18.056	0.020	17.688	0.027	blend	
13738	16.420	1.21537	18.590	0.043	18.066	0.028	V18	
13682	14.317	1.15585	16.815	0.010	15.818	0.005	not Cepheid, V39	
17473	13.154	1.11906	99.999	9.999	20.669	0.251	PII	
7664	10.4390	1.01866	18.996	0.030	18.555	0.048	V16	
926	9.4286	0.97445	19.109	0.028	18.736	0.036	V6	
879	9.2130	0.96440	19.156	0.046	18.689	0.054	V25	
13808	7.572	0.87921	19.591	0.092	19.160	0.058		
13759	7.3403	0.86571	19.272	0.074	18.832	0.112	V7	
13709	6.741	0.82872	18.480	0.041	17.739	0.020	blend	
5037	6.3175	0.80055	19.824	0.065	19.484	0.127		
11604	5.8191	0.76486	19.685	0.051	19.133	0.097		
13780	5.5771	0.74641	19.973	0.137	19.256	0.069	V9	
11831	5.0269	0.70130	19.902	0.063	19.532	0.111		
8146	4.5630	0.65925	20.306	0.075	19.730	0.122		
14287	4.365	0.63998	99.999	9.999	19.951	0.142		
12109	4.1364	0.61662	20.128	0.079	19.344	0.093		
13784	4.0657	0.60914	99.999	9.999	19.459	0.096	V10	
11743	3.8953	0.59054	19.348	0.035	18.795	0.047	blend, V53	
8127	3.8444	0.58483	20.636	0.097	20.267	0.159		
2240	3.0733	0.48760	20.941	0.138	20.221	0.147	V35	
18349	2.8700	0.45788	99.999	9.999	19.639	0.102	V29	
19024	2.8418	0.45359	99.999	9.999	19.859	0.154		
12068	2.781	0.44420	20.013	0.060	19.339	0.091	blend	
2760	2.7123	0.43334	21.101	0.127	20.651	0.203		
10804	2.6629	0.42535	21.041	0.137	20.404	0.197	V48	
12526	2.6310	0.42012	99.999	9.999	20.982	0.358		
7322	2.3378	0.36881	21.125	0.141	21.145	0.328		
6128	2.2578	0.35369	20.712	0.114	20.140	0.174		
8782	2.0930	0.32077	21.013	0.137	20.673	0.255		
5996	2.0682	0.31559	20.888	0.183	20.508	0.284	V60	
2389	2.0286	0.30720	20.837	0.115	20.363	0.175		
13481	1.678	0.22479	99.999	9.999	21.226	0.392		

1 2200 0 12252 00 000 0 000 20 102 0 150

Table 5. Reddened and Extinction-Corrected Distance Moduli for IC 1613 in Optical and Near-Infrared Bands

Band	V	I	J	K	E(B-V)
m-M	24.572 3.24				-
$(m-M)_0$					0.090